



**TACOMA**  
 1401-A Martin Luther King Jr Way  
 Tacoma, WA 98405  
 253.473.6031

**RENTON**  
 4300 Talbot Rd. S. #403  
 Renton, WA 98055  
 425.255.0471

**YAKIMA**  
 106 East E Street  
 Yakima, WA 98901  
 509.575.6422

**TOLL FREE**  
 800-572-4223  
 CedarRiverClinics.org

**IN TACOMA:  
 1401-A Martin Luther King Jr Way**



**800.572.4223 or 253.473.6031 Fax: 253.475.5949**

Open: Monday-Friday, some Saturdays  
 Secure entrance in alley, free parking

**Sliding Fee Scale**

The Abortion Pill \$520 to \$927  
 1st Trimester Abortion \$470 to \$1980  
 2nd Trimester Abortion \$600 to \$3646  
 Sliding Scale is based upon annual income.  
 Procedures to 22 weeks LMP (5.3 BPD)

**Pre-Abortion Instructions:**

- 1) When you call for an appointment, plan for 10 minutes on the phone. Appointments are available within a few days of your call.
- 2) Plan for 3 to 5 hours in clinic due to paperwork, lab tests, ultrasound, consent, procedure and recovery.
- 3) No alcohol or street drugs 24 hours prior to your appointment. No children in the clinic.
- 4) Photo ID is required for you and anyone coming with you into the clinic.
- 5) If you need a 2-day procedure, plan to stay overnight within 30 minutes of the clinic.
- 6) If you receive sedation, you cannot drive afterward so arrange for a driver.
- 7) If you have questions during regular business hours, call the number above for advice. You may call this same number 24 hours a day for emergencies.
- 8) Payment is required at your first appointment. We accept DSHS medical coupons, cash, money order, debit, MasterCard, Visa, and most insurance. No checks. Our staff will pre-verify insurance.
- 9) Low-income pregnant women may be able to get free medical care through WA State DSHS. Apply in person at your local DSHS office, or call 800-770-4334 for details.

**Cedar River Clinics specialize in reproductive health.** Cedar River Clinics are accredited by AAAHC because we meet high standards. Highly skilled, licensed physicians perform abortion procedures. They are respected leaders in medicine with many years experience.

**The Abortion Pill:** Also known as medical abortion, Mifeprex, RU-486, or the French Abortion Pill. Available as early as pregnancy is confirmed by ultrasound and up to 8 weeks LMP (since Last Menstrual Period). The Mifepristone pill is taken orally at the clinic during your appointment. Then 24 to 72 hours later, you take the Misoprostol pills at home which softens the cervix and within 6 to 8 hours, causes bleeding and cramping like in a miscarriage. One to three follow-up appointments are required.

**First Trimester:** From 6 to 12 weeks LMP. Vacuum aspiration is the standard first trimester abortion procedure. The actual procedure takes about 5 minutes to complete.

**Second Trimester:** From 12 to 20 weeks. Appointments are usually scheduled for two consecutive days. Over 20 weeks, procedures are done at our Renton clinic (425-255-0471).

**Deep Sedation:** Similar to general anesthesia. Administered by a Certified Registered Nurse Anesthetist. You are unconscious during the procedure and have no memory afterward. There is an additional fee of \$125.

**Options Counseling:** If you are pregnant and unsure and want to explore your options, call to schedule an "Options Counseling" appointment. You will meet with a specially trained unbiased counselor.

**Teens:** In WA State, teens do not need a parent's permission for abortion, birth control or STI/HIV testing.

**Bilingual Spanish-English staff.** Written materials in Korean. Interpreters arranged for other languages.

**Interpreters:** Interpreters can be arranged for women who speak other languages.

**You are not alone.** One-in-three American women have abortions. It's your body, your decision, your life.

**www.CedarRiverClinics.org:** Frequently asked questions (FAQ) and personal stories.

